



Holiday's Health & Fitness Yoga presents... 24th Annual Hawaiian Yoga Holiday

Seven Days in Paradise! Stay in the historic town of Waimea at the renowned Waimea Plantation on the island of Kauai. Enjoy yoga twice a day with time to explore and soak in the beauty of the island...in the middle of winter!



- December 5 and December 12 are travel days
- December 6: *Gathering To Begin Ceremony*
- December 7-11: Yoga 3 hrs in morning, 2 hrs in evening
- All cottages with kitchens & WiFi
- Spectacular sunsets & ocean views
- Pool, palm grove, tropical preserve & black sand beaches
- Ancient Hawaiian history & performance
- LMT's available on site and close by



\$450
Yoga
- or -
\$1160
Yoga, Airfare &
Shared car
(prices vary with
PURCHASE DATE)

Options*	Bedrooms	Baths	Single*	Double*/ shared room
Managers Ocean Front Bed types available: K+T, Q, K, D, D	5	4	\$266.65 per night (\$1,586.60 per week) (full occupancy of 8 people - 5 bedrooms)	\$113.32 per night (\$793.30 per week)
Cottages 64, 65, 66, 86 Bed types available: Q	1	1	\$319.49 per night (\$2,236.48 per week) (full occupancy of 2 people - 1 bedroom)	\$159.94 per night (\$1,118.24 per week)
Cottage 55 Bed types available: Q, Q, 2-T	3	2	\$150.55 per night (\$1,053.88 per week) (full occupancy of 6 people - 3 bedrooms)	\$75.28 per night (\$526.94 per week)
Cottage 56 Bed types available: Q, 2-T	2	2	\$195 per night (\$1,365 per week) (full occupancy 4 people - 2 bedrooms)	\$97.50 per night (\$682.50 per week)

* all rates reflect 20% tax & hotel fees



Kitchens, ceiling fans & period furniture of mahogany, koa & wicker grace all cottages. To ensure complete comfort, all include weekly housekeeping & linen service, laundry facilities & telephone.

Make your reservations early to be where & with whom you wish!

Call now to register! (503) 539-1074
or email: holiday@holidaysyogacenter.com

Final balances due ASAP – No later than Oct. 1, 2019

STEP 1 – REGISTER:

email: holiday@holidaysyogacenter.com
or call: (503) 539-1074

STEP 2 – PAY DEPOSITS:

HOUSING

\$200 non-refundable deposit & first TWO nights cottage payment required to hold your spot.

Mail to: Holiday Yoga
3016 NE 27th Avenue
Portland, OR 97212

AIRFARE

\$150 non-refundable airfare deposit (may vary with airline), direct with travel agent Pamela Davis:
(503) 224-0180 or 800-821-0401
email: pamd@wittravel.com
1314 NW Irving St. #101
Portland, OR 97209-2721

STEP 3 – FINAL PAYMENTS:

HOUSING

FINAL balances due as soon as possible – no later than October 1, 2019. Email, call, or mail to Holiday's address above.

AIRFARE

Consult travel agent, Pamela Davis, for final payment arrangements at:
(503) 224-0180 or 800-821-0401
email: pamd@wittravel.com